

HE
Heals
THE BROKEN
Hearted
PSALM 147:3

FIFTH SUNDAY OF EPIPHANY
FEBRUARY 3-4, 2024



Trinity Lutheran Church

213 North Pennsylvania Ave. | Mason City, Iowa 50401 | 641-423-0536 | trinity-mc.org

Fifth Sunday of Epiphany

February 3, 2024 - 5:00 p.m.

February 4, 2024 - 9:00 a.m.

Livestream Worship Service/KCMR 97.9

God Heals Persons and Communities

In Isaiah the one God who sits above the earth and numbers the stars also strengthens the powerless. So in Jesus' healing work we see the hand of the creator God, lifting up the sick woman to health and service (diakonia). Like Simon's mother-in-law, we are lifted up and healed to serve. Following Jesus, we strengthen the powerless; like Jesus, we seek to renew our own strength in quiet times of prayer.

*Welcome to the Luther College Nordic Choir
(9 AM service)*

*and Nordic Chamber Ensemble
(5 PM service) this weekend!*

Welcome to Trinity! We are glad you're here. If you are new to Trinity Lutheran, please complete an informational card which can be found in the pews.

We love having small children in worship! Those needing a space to change or feed little ones are welcome to use the **Child Care Room** located next to the nursery. A **unstaffed** nursery is also available, located on the 2nd floor just outside the north sanctuary door (door under the stained glass window door).

Large print bulletins and listening devices are available from the ushers.

Activity Bags are available for children during worship. They are located in the narthex and at the front of the church. Please return them at the end of services.

Our Mission *We are called to share God's healing love through Christ's forgiveness and our personal servanthood.*

Serving in Worship This Weekend

Pastor	Dan Gerriets
Organist	Jodi Korth
Cantor	Sam Pang
Greeters	Harlan and Marge Baack
Coffee Fellowship	Lisa Lorenzen Dan and Jane Billings
Communion Assistants	
5:00 p.m.	Jim and Nancy Fingalsen Earl Keifer
9:00 a.m.	Kim Pang, Sam Pang, Nancy Clarke
Scripture Readers	
5:00 p.m.	Cliff Rossler
9:00 a.m.	Kim Pang
Technical Support	
9:00 a.m.	Ellen Gansen, Henry Hansen, Carter Rockwell
Worship Transportation	Randy Elsbernd, Kevin Hendrikson
Ushers	
5:00 p.m.	Dave Guetzko David Stine
9:00 a.m.	Tracy Farland Eric Farland Jake Rockman Joe Blanchard

GATHERING

Prelude (9:00 am)

Verbum caro factum est
Faith is the Bird that Feels the Light
Nordic Choir, Luther College

by Hans Leo Hassler
by Elizabeth Alexander

Welcome

Confession and Forgiveness

All may make the sign of the cross, the sign that is marked at baptism, as the presiding minister begins.

P Blessed be the holy Trinity, † one God,
creator of darkness and light,
word of truth,
wind sweeping over the waters.

C Amen.

P Let us confess our sin in the presence of God and of one another.

Silence is kept for reflection.

P God, our rock and refuge,

C we pour out our hearts before you.

We have known you but have not always loved you.

**We have wounded one another
and sinned against you.**

**We have not always recognized the Holy Spirit
dwelling in each of us.**

Remember your covenant.

Renew your creation.

Restore us,

that we might proclaim your good news to all.

Amen.

P The voice of the Lord is upon the waters.

God has spoken:

The time of grace is now.

In Jesus, the reign of God has come near.

By the authority of † Jesus Christ,
your sins are forgiven.

You are God's beloved.

C Amen.

***Gathering Hymn**

Oh, Worship the King

ELW 842

***Greeting**

P May the God of hope give you fullness of peace,
and may the Lord of life be with you all.

C And also with you.

***Prayer of the Day**

P Everlasting God, you give strength to the weak and power to the faint.
Make us agents of your healing and wholeness,
that your good news may be made known to the ends of your creation,
through Jesus Christ, our Savior and Lord.

C Amen

Children's Sermon (9:00am)

Pastor Dan Gerriets

First Reading: Isaiah 40: 21-31

L ²¹Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth?
²²It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; ²³who brings princes to naught, and makes the rulers of the earth as nothing. ²⁴Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. ²⁵To whom then will you compare me, or who is my equal? says the Holy One. ²⁶Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. ²⁷Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? ²⁸Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. ²⁹He gives power to the faint, and strengthens the powerless. ³⁰Even youths will faint and be weary, and the young will fall exhausted; ³¹but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

L The word of the Lord.

C Thanks be to God.

Special Music

Bogoroditse Devo
Nordic Choir, Luther College

by Sergei Rachmaninoff

Psalm 147:1-22, 20 (*Read Responsively*)

L ¹Hallelujah! How good it is to sing praises to our God!
How pleasant it is to honor God with praise!

C ²**The LORD rebuilds Jerusalem,
and gathers the exiles of Israel.**

L ³The LORD heals the brokenhearted
and binds up their wounds.

C ⁴**The LORD counts the number of the stars
and calls them all by their names.**

L ⁵Great is our LORD and mighty in power;
there is no limit to God's wisdom.

C ⁶**The LORD lifts up the lowly,
but casts the wicked to the ground.**

L ⁷Sing to the LORD with thanksgiving;
make music upon the harp to our God,

C ⁸**who covers the heavens with clouds
and prepares rain for the earth, making grass to grow upon the mountains.**

L ⁹God provides food for the cattle
and for the young ravens when they cry.

C ¹⁰**God is not impressed by the might of a horse,
and has no pleasure in the speed of a runner,**

L ¹¹but finds pleasure in those who fear the LORD,
in those who await God's steadfast love. Hallelujah!

***Gospel Acclamation**

ELW pg 124

The musical notation consists of two staves in a 2/4 time signature with a key signature of one flat (B-flat). The first staff contains the melody for the first phrase: 'Al - le - lu - ia, al - le - lu - ia,'. The second staff contains the melody for the second phrase: 'al - le - lu - ia, al - le - lu - ia.' The melody is simple and repetitive, using quarter and eighth notes.

P The Holy Gospel according to Mark the first chapter.

C **Glory to You, O Lord.**

***Gospel: Mark 1:29-39**

P ²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, "Everyone is searching for you." ³⁸He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." ³⁹And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

P The Gospel of the Lord.

C **Praise to you, O Christ.**

Sermon

Pastor Dan Gerriets

Hymn of the Day

Praise to the Lord, the Almighty

ELW 858

***Prayers of Intercession**

P God of grace,

C **receive our prayer.**

***Peace**

P The peace of the Lord be with you always.

C **And also with you.**

The ministers and congregation may greet one another in the name of the Lord.

MEAL

Announcements

Offering

Text to Give is available at Trinity!

Simply text the amount you wish to give to 833-412-0093.

Or scan the QR code with your smartphone.

Please note where your gifts should be directed towards.



Special Music(5pm) *Faith is the Bird that Feels the Light* by Elizabeth Alexander
Nordic Chamber Ensemble
(9am) *The Eternal Gates* arr. Howard Helvey
Nordic Choir, Luther College

***Offertory** *Songs of Thankfulness and Praise* ELW 310
Songs of thankfulness and praise, Jesus, Lord, to thee we raise:
Manifested by the star to the sages from afar,
Branch of royal David's stem in the birth at Bethlehem:
Anthems to be thee addressed, God in flesh made manifest.

***Offering Prayer**

P Blessed are you, Holy One, for all good things come from you. In bread and cup you
open heaven to us. Meet us at this table, that we receive what we seek and follow your
Son, Jesus, in whose name we pray.

C Amen.

***Great Thanksgiving**

ELW pg. 129

P The Lord be with you.

C And also with you.

P Lift up your hearts.

C We lift them to the Lord.

P Let us give thanks to the Lord our God.

C It is right to give our thanks and praise.

***Words of Institution**

***Lord's Prayer**

C Our Father, who art in heaven,

hallowed be thy name,

thy kingdom come,

thy will be done,

on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses,

as we forgive those

who trespass against us;

and lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power,

and the glory,

forever and ever. Amen.

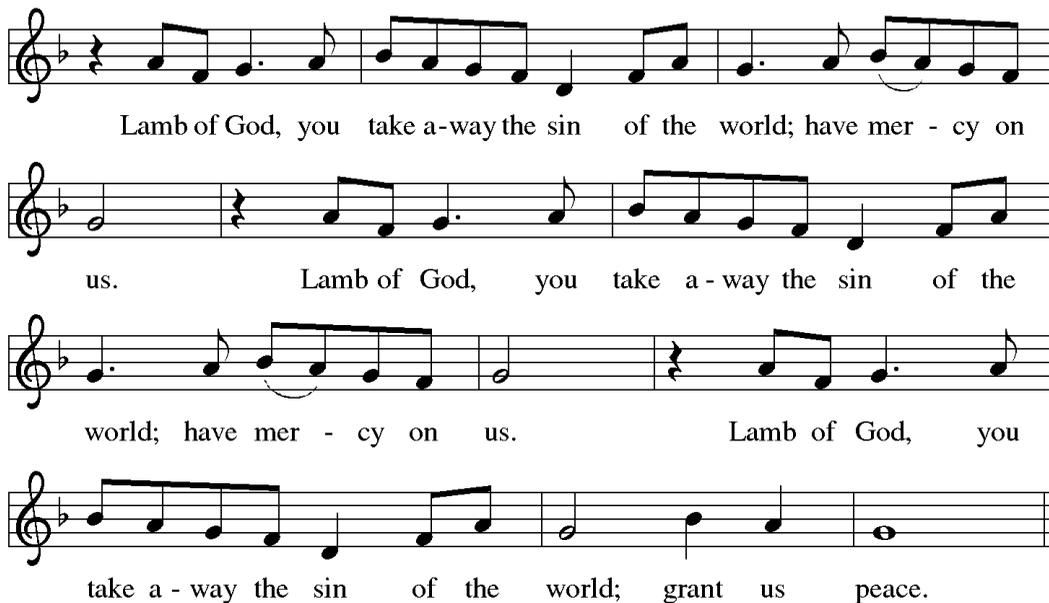
Communion

All who desire the presence and forgiveness of Christ that come in the sharing of this bread and wine are welcome to commune with us today. Ushers will direct you from the outside aisles to one of the stations in the front of the sanctuary, you will be kneeling at the rail. You will return to your seat by the center aisle. Gluten free wafers and grape juice are also available.

If for any reason you are not comfortable participating in communion today, we invite you to come forward with your arms crossed over your chest to receive a blessing.

Lamb of God

ELW pg. 135



Lamb of God, you take a-way the sin of the world; have mer - cy on
us. Lamb of God, you take a - way the sin of the
world; have mer - cy on us. Lamb of God, you
take a - way the sin of the world; grant us peace.

Communion Hymn (5pm) *Praise the One Who Breaks the Darkness* ELW 843
Healer of our Every Ill ELW 612

Communion Special Music (9am)

This Path
The Birds

by Hans Bridger Heruth
by David Basden

Nordic Choir, Luther College

***Prayer after Communion**

P Giver of every gift,
Christ's body is our food, and we are Christ's body.
Raise us to life by your power
for the benefit of all and to your glory,
now and forever.

C Amen.

SENDING

***Blessing**

P God who names you,
Christ who claims you,
and the Holy Spirit who dwells in you,
✠ bless you and remain with you always.

C Amen.

***Sending Hymn** *Great God, Your Love Has Called Us Here* ELW 358

***Sending**

P Go in peace. You are God's beloved.

C Thanks be to God!

Postlude

Cards of Care

Receiving a card or letter can do wonders for helping people to feel valued and connected to their family and friends. Let's make sure love is in the air this February as we write cards to those who need some cheer. There will be a card writing table in the Gathering Space at Trinity February 3-11. Cards can be written to a specific person for you to send on your own or you may write out a general card and place it in the designated box for us to deliver to someone in need. If you have questions, contact Becky at becky.elsbernd@trinity-mc.org or 423-0536.

Lunch and Learn—Thursday, February 15 at Noon

| Fellowship Hall Soup and salad served for a free-will offering. Trinity member John Rodriguez has 40+ years of experience working with software development and computer technology and currently works as a Senior Solutions Architect for Optimum Health Care IT. John will share how to stay safe online (Facebook, e-mail, etc.) to avoid scams and identity theft. John will also show you how to get the most out of Trinity's website and easily view the worship service online. Please see the signup sheet on the bulletin board and **RSVP by Feb. 13.**

Scholarship Applications

Scholarship applications and re-applications for the 2023-2024 school year are available to pick up outside the church office. Forms are available on Trinity's website at trinity-mc.org/college-scholarships/. Applications must be turned in to the church office by March 1, 2024.

Pickleball—Thursday, February 8 & 22

2:00-3:00 PM | St. John's Episcopal Church

120 1st St NE Use entrance on the east side.

Join us for a fun game of pickleball in the fellowship hall of St. John's Episcopal Church. Balls and paddles provided. Beginners are welcome. Limited to first eight people that sign up. To sign up, please call the church office at 641-423-0536.

All God's Children Gotta Write

February 6, 13, 20, 27 (Join us for any or all!)

10:00-11:00 AM / Trinity Library

Would you like to create your own poems, hymns, parables, stories and essays? Let's hear words of world-class spiritual thinkers; put pen to paper and create unique gems of wisdom! No writing experience is needed for this informal, interactive gathering. Led by Mary Lynn Oertel.

Wednesday Night Alive

February 7, 2024

Meal is at 6pm

Maid Rites, salad, chips & dessert. Free Will Offering

Programming begins at 6:30

- **The Chosen** Join Pastor Dan Gerrietts for a viewing and discussion of *The Chosen*, a groundbreaking historical drama based on the life of Jesus Christ, seen through the eyes of those who knew him. Set against the backdrop of Roman oppression in first-century Israel, the show shares an authentic and intimate look at Jesus' revolutionary life and teachings. This class will be held in the Fellowship Hall.
- **Special Progaming for the Young Women's Group** in the Library
In this one-time special event led by **Julie Van Hove** of *Defined Ministries*, we will 'zoom out' for a big picture look at our lives and then 'zoom in' to consider what God might be calling us into (or out of!). We will discover practical ways to connect with Jesus in any season of life and calling. Come for a personalized evening to dig into areas of life most of us don't take time to dig into otherwise! See you there! Dessert will be served.
- **Trinity Choir**— meet in the Choir Room
- **Kindergarten - Grade 6**
students will come to *the 2nd floor* and learn new things from talented Trinity adults with a new activity each week.
- **Confirmation : Grades 7 & 8** Students will meet together from 6:30 – 7:45 pm - experience small group and large group learning as they study for their confirmation.
- **Flame: Grades 9-12**—meet in the Youth Rm.

Riverside Bible Camp

All Trinity members and their friends receive a subsidy to attend camp, however, the registration policy has changed and is new for 2024. Information sheets detailing everything you need to know are available in the gathering space today, outside the church office, and on our web site. If you have any questions, contact Marty Greder, Trinity Director of Education.

TLC OPPORTUNITIES TO SERVE

- **Worship Greeter** – Greet worshippers as they enter the building for weekend and mid-week services. Volunteer position. Contact the office.
- **Usher** – Distribute bulletins, welcome, collect offering, usher people for communion. Volunteer position. Contact the office.
- **Worship Transportation** – Assist Region 2 Transit driver in picking up those needing a ride to Sunday worship. Volunteer position. Contact the office
- **Community Kitchen Volunteers**—Trinity provides volunteers to help prepare and serve meals at the Community Kitchen, *either the 1st Monday of each month from 9-1:00 and the 4th Wednesday of each month from 4-6:30 p.m.* See the bulletin boards by the church office. It is a fun opportunity to engage in being a member of a servant church.
- **Help at Affordables**—Trinity provides volunteers to help sort donated clothing at Affordables on the *2nd Wednesday of each month from 9-11:00 a.m.*

For more worship serving opportunities, go to trinity-mc.org/worship-volunteers

Donations for Mission Jamaica

Trinity's 2024 MJ Team is gathering donations for Westhaven Children's Home in Jamaica. Donations can be left in the main office cabinet near the East Entrance. To make a cash donation toward these items, mark your envelope/check with "Mission Jamaica." Thank you!

Requested Items

- t-shirts, blouses, dresses, jeans, dress pants, underwear and bras
- sheets (twin, double and crib), pillowcases
- bibs, towels, kitchen towels, shower curtains
- scrubs for caregivers (all sizes), heavy duty cleaning gloves, examination gloves (medium & large)
- diapers (adult medium, children stages 4 & 5), diaper rash cream, deodorants, disposable razors
- Vaseline, toothpaste & toothbrushes

WEEKLY CALENDAR

Monday, February 5

- 9:00 a.m. Trinity serving at Community Kitchen
- 9:00 a.m. Centering Prayer (Rm. 322)
- 5:30 p.m. Trinity Bronze Bell Choir (Sanctuary)
- 7:00 p.m. Boy Scouts & Girl Scouts

Tuesday, February 6

- 8-9:00 a.m. BASES Exercise (Gathering Space)
- 10:00 a.m. All God's Children Gotta Write (Library)
- Noon Staff Meeting
- 4:15 p.m. NordKor Choir Rehearsal (Choir Rm.)

Wednesday, February 7

- 7:00 a.m. Men's Bible Study (Fellowship Hall)
- 8:30 a.m. Women's Bible Study (Library)
- 10:30 a.m. Clapper Bell Choir (Sanctuary)
- 10:30 a.m. Walk to Better Health (Gathering Space)
- 6:00 p.m. WNA Meal
- 6:30 p.m. WNA Programming

Thursday, February 8

- 8:00 a.m. BASES Exercise (Gathering Space)
- 9:30 a.m. WELCA Bible Study (Rm. 208)
- 7:00 p.m. Una Vocis Rehearsal

Our guest preacher for this weekend is Pastor Denny Hanson, father of Pastor Daniel and grandfather of Micah!

Saturday, February 10

- 5:00 p.m. **Worship Service**

Sunday, February 11

- 8:00 a.m. Health Cabinet (Rm. 300)
- 9:00 a.m. **Worship Service**
- 9:15 a.m. Sunday School
- 10:30 a.m. **Worship Service**

2024 Flower Calendar and Bulletin Calendar

If you'd like to honor a loved one, remember a birthday and/or an anniversary please sign up. Both calendars are located on the bulletin board next to the church office. Altar Flowers are \$45 and Bulletins are \$25