

# TRINITY CONNECTION



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## WELCOME!

We are a servant church in the ♥ of Mason City, Iowa.

## EDITORIAL

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Trinity Lutheran Church

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12 Issues per year (Jan—Dec) / Print or Digital

The Trinity Connection informs the members of Trinity Lutheran Church about the church's mission and people, helping them to grow in faith and commitment to Jesus Christ.

**FRONT PAGE:** *Trinity's Middle School kids skate at Roller City*

Trinity has a long history of lay people reaching out to connect with members of the congregation that can no longer attend on a regular basis for a variety of reasons. This is one way that we embody Trinity's mission: "We are called to share God's healing love through Christ's forgiveness and our personal servanthood." We reach out to serve the spiritual, emotional, social, physical, and mental needs of our brothers and sisters in Christ. The way we accomplish this has evolved over the years to meet changing needs. Due to staff changes and shortages, we feel it is time to reevaluate the visitation ministry and allow it to grow and shift to meet the needs of our current times.



BECKY ELSBERND  
PARISH NURSE

### **OBSERVATIONS**

- Since the pandemic, more people are watching worship online or listening to KCMR and taking communion along with the congregation at home.
- With the addition of online worship, we have more members that live out of state. Some are new members and some are long-time members that have chosen to not transfer their membership.
- God's Squad and Home Communion Visitation were under two different leaders with different organizational structures and expectations. Now they are under one and need consistency.

### **PROPOSED CHANGES**

- Restructure God's Squad and Home Communion Visitation under one umbrella with one name "Care Ministry" and one organizational structure.
  - Allow more flexibility for volunteers and those receiving visits in order to respect people's changing needs and desires.
  - Add monthly postcard as a way to stay connected with Trinity for those who do not have a phone or prefer this way of being remembered.
  - Send volunteers to visit people recovering in facilities for rehab or skilled care including West Campus.
- Get volunteers to help deliver meals (already prepared & often frozen) to members in need.

We invite you to learn more about Trinity's Care Ministry at a training on Wednesday, February 28<sup>th</sup> at 2:30 p.m. or 7:15 p.m. New and current visitation volunteers are welcome. Please contact me or one of our pastors for more information.

**- Parish Nurse, Becky Elsbernd**

## CARE MINISTRY TRAINING

**Wednesday, February 28, 2024**

**2:30 PM OR 7:15 PM** | Trinity's Fellowship Hall

Trinity's God's Squad and Home Communion Visitors are uniting to form Trinity's Care Ministry. Come and learn how we can together better meet the evolving needs of the congregation. New and current visitation volunteers welcome. Volunteers are needed to make in person visits as well as call people on the phone and send post cards. Please contact Parish Nurse Becky Elsbernd for more information: [becky.elsbernd@trinity-mc.org](mailto:becky.elsbernd@trinity-mc.org).



## WARD & MORRISON ART EXHIBIT

**Trinity's Rotating Art Exhibit  
January - March of 2024**

Paul Ward is a self-taught watercolorist from Plymouth, Iowa. He started painting with watercolor in 1974. He enjoys painting landscapes, farms, and wildlife. His lifelong hobby greatly influenced his daughter, Ashley (Ward) Morrison. Ashley got her Bachelor's Degree in Art and Design in 2004 but just started with watercolor and ink in 2021. Her art has no collective theme, but children's illustration themes have recently inspired her. Stop by the church to view these two artists' work on exhibit now through the end of March 2024!

## NORDIC CHOIR

TO SING AT TRINITY

**Saturday, February 3, 2024**

**7:00 PM** / Trinity Sanctuary

Join us for a concert by the Luther College Nordic Choir! You won't want to miss the stunning performance by these students under the direction of Dr. Andrew Last. Highlights of the program include choral classics from Rachmaninoff and Hassler and selections from the fusion oratorio Considering Matthew Shepard. No tickets are necessary. A free-will collection will be taken to support the choir.



## ALL GOD'S CHILDREN GOTTA WRITE

**Tuesdays in February / 10:00-11:00 AM / Trinity Library**

**February 6, 13, 20, 27 (Join us for any or all!)**

Would you like to create your own poems, hymns, parables, stories and essays? Let's hear words of world-class spiritual thinkers; put pen to paper and create unique gems of wisdom! No writing experience is needed for this informal, interactive gathering. Led by Mary Lynn Oertel.

## SUNDAY SCHOOL IN FEBRUARY

Students will finish their study of John the Baptist at the start of February and begin studying the story of Lydia later in the month.

### GRADE 12

## SCHOLARSHIP APPLICATIONS

Attention High School seniors and current college

students: Scholarship applications and re-applications for the 2023-2024 school year are available to pick up outside the church office. Forms are available on Trinity's website at [trinity-mc.org/scholarships/](http://trinity-mc.org/scholarships/). Applications must be turned in to the church office by March 1, 2024.



### GRADES 5 - 8

## MIDDLE SCHOOL

### BULLS GAME

**Saturday, February 3, 2024**

All 5th-8th grade students and their families are invited to the North Iowa Bulls game on Saturday, February 3, 2024, at 7:00 PM. Rich and

Deidra Rattay will generously provide admission to the game, pizza, and pop. Mark your calendars for this fun event! Please contact Carol Dettmer if you have not RSVP'd yet: [carol.dettmer@trinity-mc.org](mailto:carol.dettmer@trinity-mc.org). RSVP by February 1.

### GRADES 7 - 12

## GAME DAY IN AMES

**Saturday, February 24, 2024**

**12:00 PM / Trinity Parking Lot**

We will load up the bus and head to Ames! Perfect Games has laser tag, bowling, arcade games and more! We will do it all and eat pizza. Cost is \$30 and scholarships are available. Friends are welcome. You must email [carol.dettmer@trinity-mc.org](mailto:carol.dettmer@trinity-mc.org) or [kristian.carlson@trinity-mc.org](mailto:kristian.carlson@trinity-mc.org) by February 18 if you want a spot and you will be emailed a waiver to complete.



### GRADES K - 12

## SCRIPTURE SUPER BOWL

**Sunday, February 11, 2024**

**9:15 - 10:15 AM / Trinity Education Wing**

Sunday Schoolers will test their Bible knowledge at the 2nd Annual Scripture Super Bowl on Super Bowl Sunday!



## LENT 2024

This Lent at Trinity, we are focusing on the life and faith of one of Jesus' most famous disciples. In Peter, we see a person who is both steadfast and unsteady, a dear friend and a betrayer, a follower and a wanderer. In Peter, we often see ourselves - a very normal human trying to figure it all out—just like us.

Looking at Peter's faith journey, the lyrics of "Come Thou Fount" came to mind. It's as if Peter himself wrote this song. And so, as we follow Peter's story, we will sing our way through this hymn, binding our wandering hearts to God.

## SERMON SERIES - WEEKENDS IN LENT

### First Sunday in Lent

February 17-18, 2024

**Wandering Heart:** *"Jesus sought me"*

*LUKE 5:1-11 | Jesus calls Simon Peter as a disciple.*

### Second Sunday in Lent

February 24-25, 2024

**Wandering Heart:** *"Rescue me from danger"*

*MATTHEW 14:22-33 | Jesus calls Simon Peter to walk on water.*

### Third Sunday in Lent

March 2-3, 2024

**Wandering Heart:** *"Praise the mount"*

*MATTHEW 16:13-20 | Simon Peter calls Jesus the Messiah, and Jesus gives him the name Peter.*

### Fourth Sunday in Lent

March 9-10, 2024

**Wandering Heart:** *"I'm fixed upon it"*

*MATTHEW 16:21-23 | Jesus scolds Peter after he questions Jesus' mission and calling.*

## SERMON SERIES CONT..

**Fifth Sunday in Lent**

**March 16-17, 2024**

**Wandering Heart: "Teach me"**

*MATTHEW 18:15-22 | Jesus tells Peter to forgive seventy-seven times.*

For more Lent resources, please visit

**TRINITY-MC.ORG/LENT**

## ASH WEDNESDAY WORSHIP

**February 14, 2024 / 1:30 PM & 6:30 PM / Sanctuary**

**Wandering Heart: "Tune My Heart"**

Worship at 1:30 and 6:30 PM

*Imposition of Ashes and Holy Communion*



## WEDNESDAYS IN LENT

**February 21 - March 20**

**1:30 PM & 6:30 PM / The Gathering Space**

*A service of music, scripture, journaling, and small group discussions.*

## WEDNESDAY DINNERS

**6:00 PM - 6:30 PM / Fellowship Hall**

Fundraising meals for TLC Youth attending the national youth gathering this summer.

## LENTEN OFFERING FOLDER/ SPECIAL LENT GIFT

Each Trinity household will receive a Lenten folder for a special offering during this season of "alms." All gifts benefit Trinity's ongoing ministry in our community. To make your gift online, go to [trinity-mc.org/give](http://trinity-mc.org/give). And if you're unable to fill it with \$40, please give the amount that feels right for you.

## WANDERING HEART LENT RETREAT

**Saturday, February 24, 2024**

**9:00 - 11:00 AM / Trinity Lutheran Church**

Take a deeper dive into the life of Peter with this hands on event. Wandering Heart Lent Retreat starts with a large group activity and then invites you to wander where your heart leads to explore a variety of interactive stations that each tell a story about Peter's journey with Jesus. Opportunity for reflection, creativity, and physical activity will be offered. All ages and abilities are welcome to attend but children must be accompanied by an adult. Please sign up by **Thursday, February 22.**



# HOLY WEEK

**Palm/Passion Sunday – March 23-24**

**Wandering Heart:** *“Songs of loudest praise”*  
*JOHN 12:12-16 | Jesus rides into Jerusalem while people praise him.*

**Maunder Thursday – March 28 (6:30 PM)**

**Wandering Heart:** *“Streams of mercy”*  
*JOHN 13:1-20 | Jesus washes Peter’s feet.*

**Good Friday – March 29 (6:30 PM)**

**Wandering Heart:** *“Prone to leave the God I love”*  
*JOHN 18:15-27 | Peter denies knowing Jesus*

**Holy Saturday – March 30 (5:00 PM)**

**Wandering Heart:** *“And I hope”*  
*LUKE 24:1-12 | Peter runs to the empty tomb and learns Jesus is alive.*

**Easter Sunday – March 31 (9:00 & 10:30 AM)**

**Wandering Heart:** *“And I hope”*  
*LUKE 24:1-12 | Peter runs to the empty tomb and learns Jesus is alive.*



**WEDNESDAY NIGHT ALIVE**

**YOUNG WOMEN'S GROUP**

*Evening with*

**JULIE VAN HOVE**

**DEFINED MINISTRIES**

**Wednesday, February 7, 2024 / 6:30 - 8:00 PM / Trinity Library**  
Are you young? Think you're young? Join us for a time set aside for YOU. In this one-time special event led by Julie Van Hove of Defined Ministries, we will 'zoom out' for a big-picture look at our lives and then 'zoom in' to consider what God might be calling us into (or out of!). We will discover practical ways to connect with Jesus in any season of life and calling. Come for a personalized evening to dig into areas of life most of us don't take time to dig into otherwise! See you there! Dessert will be served.



## DONATIONS

Trinity's 2024 MJ Team is gathering donations for Westhaven Children's Home in Jamaica. Donations can be left in the main office cabinet near the East Entrance. To make a cash donation toward these items, mark your envelope/check with "Mission Jamaica." Thank you!

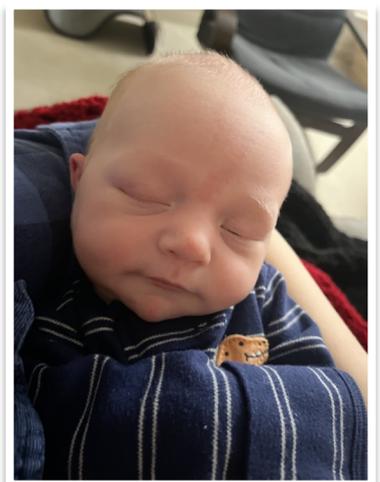
### DONATIONS REQUESTED

- t-shirts, blouses, dresses
- jeans, dress pants
- underwear and bras
- sheets (twin, double and crib)
  - towels
  - pillowcases
  - shower curtains
  - bibs
- scrubs for caregivers (all sizes)
- diapers (adult medium, children stages 4 & 5)
  - diaper rash cream
  - deodorants
  - disposable razors
  - Vaseline
- toothpaste & toothbrushes
  - kitchen towels
  - utensils
- examination gloves (medium & large)
- heavy duty cleaning gloves

## INTRODUCING MICAH

On the tenth day of Christmas, January 3, we welcomed Micah Dennis Hanson into the world. We are overjoyed at this gift from God and are grateful for all of your prayers and support! Micah already likes dinosaurs, a full tummy, and the St. Louis Cardinals.

***Peace, Pastor Daniel and Aimee***





# THE MUSIC GOES ON

BY MICHELLE MURRAY

Trinity is known for many things, and music is toward the top of the list. Several people to thank for continuing this tradition of excellence include Deb Nielsen (organist and bell choirs), Kim Reisinger (organist, choir director and bell choirs), Teresa Jacobson (organist), Jodi Korth (organist), Choir Directors: Jayson Ryner, Melissa Shallberg and Dennis Lee, and Worship Coordinator: Allison Day.

As Worship Coordinator, Allison Day finds organists, cantors, and special music for weekly services. She also creates the script and slides for the 10:30 service on Sundays. Day shared a bit of her background: “I am from Mason City and now get to teach Music where I went to elementary school. I attended Southern Illinois University at Edwardsville for my BA in Music and then got my Iowa teaching license from Buena Vista in Mason City. I got my Master’s [degree] from Morningside. I love spending time with my three nieces, crafting, and cheering on the St Louis Cardinals!”

Day says some of the joys of being involved in Trinity’s music groups include “the fellowship, the people, the music and the feeling of praising the Lord while using your God-given talents.” She said, “We are looking for new ways to get our members of all ages involved and sharing their spiritual gifts with others.” Her hope is that people simply appreciate the music. She explained, “St. Augustine said, ‘He who sings prays twice.’ My hope is that through music at Trinity, either as the one listening to the music or being a participant in the worship service, that it would allow all to praise God in a meaningful way.”

A couple of Trinity’s choir directors also chimed in. Jayson Ryner said, “Trinity is really a congregation that promotes service. I have 29 years of experience directing choirs and was available to help. It was a very simple decision once I learned that there was a need.”

Mention Ryner’s name and music immediately pops into your mind. He explained: “Many are aware that I have been the Director of Choral Activities at NIACC for the past 22 years. However, some may not know that I came out of music retirement to help the choir. After 29 years of teaching music, I have retired from that profession. I am now teaching Entrepreneurship at the college and developing my own ag technology company, ReEnvision Ag. It’s a new passion for this season of life.”

Ryner said that he and the choir had a wonderful time with “lots of laughing and good music making” during the weeks he



served as director. Memorable melodies, effective lyrics and more “tuney” songs are among Ryner’s favorite songs to direct. Overall, he said, “Building relationships within the church family and sharing fellowship through song were great highlights!”

Another choir director, Dennis Lee, is also the Artistic Director of the Una Vocis Choral Ensemble. Why volunteer at Trinity? He explained, “I enjoy leading choirs and church choirs have a special place in my heart. Also, Trinity has been so welcoming to Una Vocis and helping with choir was one way I felt I could express my appreciation for the hospitality Trinity has shown.”

For a director who prefers to direct “lush, complex harmonies and music with character and purpose,” Lee thinks the best part of any choir is the people. He said, “There’s just nothing like the connections one can make while making music together!”

Lee has a passion for nonprofit organizations which led him to his day job helping nonprofits all over the country in using software to enhance their missions. He said, “When I’m not working with nonprofits, I enjoy outdoor activities such as waterskiing and bicycling. Of course, I can’t waterski all year, but I ride my bike a few times per week all year long! This is the time of the year that requires wide, studded tires!”

From choir directors to organists, Trinity is blessed with the best. Jodi Korth is one of the talented people who has stepped up to produce beautiful music. She has played the organ for over 25 years, beginning organ studies with Roger Mollenbeck here in town when she was in 7<sup>th</sup> grade. Korth said, “I have a heart for music ministry. I believe that music is one of the most beautiful ways we can worship our incredible God.”

Korth’s background includes being a wife to Nick and mom to son Cooper (age 7) and daughter Ava (age 4). “I work full-time as a freelance grant writer and nonprofit consultant, so my days are filled with meetings and writing. Organ is something I get to do in my spare time, and I feel blessed with every opportunity to play,” she said.

As a Trinity organist, Korth shared, “People often say, ‘Thanks so much for your playing!’ I hope you know that as an organist I always think, ‘Thanks so much for your singing!’ It is a gift beyond measure to play a hymn as soaring voices of praise fill the sanctuary. So on that note (no pun intended) don’t ever be afraid to sing with gusto. We organists love it!”

Both bell choirs at Trinity are also fortunate to be in the capable hands of two more directors. Kim Reisinger, Trinity’s former full-time musician extraordinaire, stepped up to be back in the swing of things musically. She shared her unique perspective as organist, choir director and bell choir director: “With each choir comes

many steps in the process. The beginning process is to search for music. I love this process! It's time-consuming but rewarding when you see and hear that 'perfect' piece of music that you know will enhance worship. Because that's what the purpose of music in worship is--to enhance the spoken word and add to the worship experience. We are not performers; we are worship leaders."

If you are trying to decide between singing in choir or playing the bells, Reisinger said, "It is more difficult to find ringers than singers. Beginning choristers can more easily blend into their section, whereas the ringer is the only person responsible for her/his notes. Sometimes that can be intimidating."



CLAPPERS BELL CHOIR

What's in store for the future musically? Reisinger shared, "No matter the staff changes or the way we 'do worship', the music will go on. It may look different 5 years from now but will still be relevant and important to the worship experience."

Deb Nielsen has another unique perspective as organist and bell choir director. A former worship and music director at two Lutheran churches in Mason City for 25 years (when her music therapy practice continued to grow), Nielsen shared that she just began playing bells when she joined Trinity.

Her favorite part of participating in bell choir is "the sense of community creating beautiful music together to praise God." Nielsen said Trinity is always looking for more ringers. "We have all kinds of musical skill levels in our bell choirs and it's fun to learn a new skill and make beautiful music. Our bell choir groups are always welcoming, and you make a whole new group of friends you might not have by making music together." *cont...*



BRONZE BELL CHOIR

Switching gears as one of Trinity's organists, Nielsen shared, "Trinity Lutheran is fortunate to have many talented organists that are covering the 'bench' in this transition period. Trinity has one of the best pipe organs in the North Iowa area and I feel fortunate to have the opportunity to play it. I started piano lessons at the age of 9, organ lessons at the age of 11 and played for my first church service at the age of 14. This year was my 50th year of being a church organist! How lucky am I that I get to play that beautiful instrument to the glory of God!"

Thank you to all of Trinity's musicians who are using their talents to lead others in this ministry. If you are interested in participating in the music ministry at Trinity, call the church office at 641-423-0536...or as most of the music directors advise, "Just show up!!" You'll be glad you did. †

## What (Besides Love) Keeps You Going?

As Captain and Tennille's song "Love Will Keep Us Together" might be playing in some of our minds this month (if we are of a certain age...), we asked Trinity's staff members just what keeps them coming back for more with their loved ones.

"I love Tom's commitment to me and our family, his love for God, his work ethic, his musical talent, his laugh and his good looks. :) I love my boys' snuggles, their laughs, their gifts and talents, and for no other reason than that they are ours.)

**-Betsy Kirby**

"I love that Johnathan does not fear trying new things, and I'm more cautious. We balance each other that way. I love that he's analytical, and I'm creative. We enjoy things together like traveling, skating, Star Wars, and other nerdy things. Along with Johnathan, our dog, Cricket, keeps me going. We are a family."

**-Ashley Morrison**

"Cliff is able to keep me calm so I can carry on!"

**-Lou Ann Rossler**

"Married 50 years – don't stop believin', hold onto the feelin'."

**-Marty Greder**

That smile that a child will give you when they know they accomplished something. Then you can see the pride on their face.

That moment.

**-Allison Day**

He keeps my life buzzing!

**-Becky Elsbernd**

"I love Tim's passion for creating experiences and traditions with our family. He LOVES playing games and going on adventures."

**- Carol Dettmer**

"Molly understands me often better than I understand myself. And she listens to my whining. She is a great listener. I think the willingness to listen to each other with compassion might be the most important thing in a long and healthy relationship. I also love that we laugh at the same things, and can laugh at each other."

**-Pastor Dan Gerrietts**



"Marc's sense of humor and willingness to do anything (even if it involves snow frolicking on demand in the middle of a blizzard) keeps me coming back for more... even after 29 years of marriage." **-Michelle Murray**

In Memory/Honor Of	Donated By	Fund
Duane Bouska	Sarah Bouska & Friends	Contemp Worship
Mike Baker	John/Marcy Colvin	Adult Ministry
Mike Draper	John/Marcy Colvin	Youth
Paul Davis	John/Marcy Colvin	Youth
Bev Kohoutek	John/Marcy Colvin	Youth
Roger Roberts	Arlene Roberts	Welfare
John Fritz	Harlan/Marge Baack	Dutcher Schlrshp
John Fritz	Friends & Family	T150
John Fritz	Friends & Family	Dutcher Schlrshp
John Fritz	Friends & Family	Dutcher Schlrshp
Our Dads	Harlan/Marge Baack	Dutcher Schlrshp
Colleen Findling	Harlan/Marge Baack	Dutcher Schlrshp
Colleen Findling	Joyce Clayton	Undesig
74th Wedding Anniv	Colleen Dutcher	Dutcher Schlrshp
Darrell Grosland	Friends & Family	Hymnal
Colleen Findling	Friends	Adult Ministry
John Fritz	Warren/Margaret Torkelson	Youth
In honor of M Espinosa		
100 Bday	Harlan/Marge Baack	Dutcher Schlrshp
Joan Kentopp	Trinity Staff	T150 Matching
Martha McMahon	Mark Johnson	Undesig
Colleen Findling	Anonymous	Undesig
Joan Kentopp	Friends	Music
David Clayton	Friends & Family	T150 Matching
Darlene Oppedahl	Friends & Family	T150 Matching
Joan Escher	Don/Doris Weber	Music
Darlene Oppedahl	Friends & Family	Undesig
Betty Lysne	Peggy Bang	Music
Betty Lysne	D. Kent Craun	Bell Choir
Arlene Goepel	Friends & Family	Van Ministry
Roy Harrisville	Arlene Roberts	Undesig
Colleen Findling	Jan Feustel	T150 Matching
Joan Kentopp	Friends & Family	Music
Clara Samuelson	Roger/Susan Schlitter	T150 Matching
Tom Thoma	Colleen Dutcher	T150 Matching
Martha McMahon	Jan Feustel	T150 Matching
Martha McMahon	Friends & Family	Undesig
Martha McMahon	Leman/Tana Olson	Columbarium
Clara Samuelson	John/LaVonne Welch	Undesig
Darlene Oppedahl	John/LaVonne Welch	Undesig
Tom Thoma	Paul/Mary Charlson	T150 Matching
Ruth Smeby	Friends & Family	Undesig
Helmer Hjelle	Kent Craun	Undesig
Joan Kentopp	Family & Friends	T150
Pat Wike	Colleen Dutcher	Dutcher Schlrshp

In Memory/Honor Of	Donated By	Fund
Ruth Smeby	Friends & Family	Undesig
Pat Wike	Harlan/Marge Baack	Dutcher Schlrshp
Susan Brown	Friends & Family	Youth
Clem Mulder	Roger/Susan Schlitter	T150
Pat Wike	Friends & Family	Undesig
MSeward	Warren/Margaret Torkelson	Undesig
Susan Brown	Friends & Family	Undesig
Ruth Smeby	Alganesh Stevenson	Undesig
Pat Wike	Friends & Family	T150
Chuck Sweetman	Warren/Margaret Torkelson	Undesig
Ray Dakin	Peggy Dahl	T150
Ray Dakin	Family & Friends	Undesig
Ray Dakin	Colleen Dutcher	Dutcher Schlrshp
Alberta Kautsch	Mark Feustel	LWR
Matha McMahon	Friends & Family	Undesig
Dale Jensen	Ron/Dianna Moeller	T150
Dale Jensen	Darrel/Marilyn Lind	Sr Adult Ministry
Peggy Bang's Mother	Jan Feustel	T150
Dale Jensen	Friends & Family	Columbarium Landscaping
Bill & Dorothy Oertel	Bill/MaryLynn & Su Oertel	Undesig



PICTURED LEFT TO RIGHT: **FIRST ROW-** NORA HARDY, LAURA BERNEMANN, SHARON ENABNIT, DIANE WALROD, ALEXIA DEAN. **SECOND ROW-** BEVERLY BUTLER, MARY GALAZIN, CHRIS MOORE, PATTI NIVER, NADINE PALS, BECKY ELSBERND, TRESE CASTLE (**NOT PICTURED-** JULIE BIRKEDAL, MARY BURGMEIER, SUSAN SCHILLING, CHRIS SMYTHE, JANE WAGEMAN, AND KAREN YOUNG)

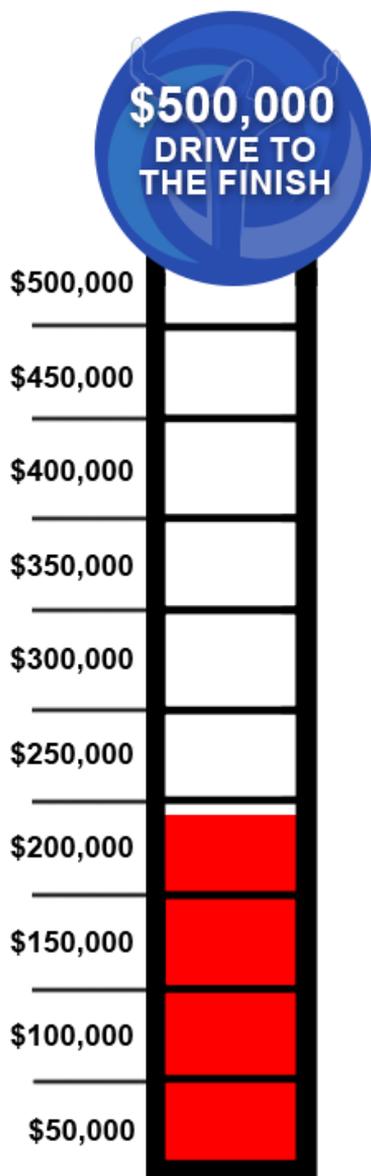
## HEALING TOUCH APPRECIATION BANQUET

The Healing Touch Spiritual Ministry (HTSM) Team gathered for an Appreciation Banquet on January 4. The theme for the evening was “Let your Light Shine.” The HTSM team is an ecumenical group of 18 volunteers that provides healing touch to the community. Healing Touch is a relaxing, nurturing, heart-centered energy therapy that uses gentle, intentional touch that assists in balancing physical, emotional, mental, and spiritual well-being. It is a safe, complementary therapy to regular and ongoing medical care. In 2023, the group offered 145 sessions (35 in person and 110 from a distance) and had 12 new clients. There is no charge to receive healing touch but we do welcome free will donations to support the ministry. Please call the church office (641-423-0536) for more information or to give it a try.

## T150 CONSTRUCTION LOAN

Trinity continues to pay on the remaining construction loan for the T150 building renovations, technology upgrades, and our mission project. Thanks to the ongoing generosity of many, we have been able to make loan payments from special gifts alone and not the general budget. Trinity's mission and outreach continue to be blessed by this \$4.5 million project. To make a gift, go to [trinity-mc.org/trinity-at-150](http://trinity-mc.org/trinity-at-150) or write "T150" on your check or envelope.

**Total Dollars Received - \$3,898,488**  
**T150 Loan Balance - \$321,099**  
**Loan Interest Paid To Date - \$147,320**



**PLEASE JOIN US** in making his day extra special with a card shower! **HENRY KALKE'S 90TH BIRTHDAY!!!** Send a greeting, memory, or joke to 12 6th St. NE., Nora Springs, IA 50458



### CARDS OF CARE

Receiving a card or letter can do wonders for helping people to feel valued and connected to their family and friends. Let's make sure love is in the air this February as we write cards to those who need some cheer. There will be a card writing table in the Gathering Space at Trinity February 3-11. Cards can be written to a specific person for you to send on your own or you may write out a general card and place it in the designated box for us to deliver to someone in need. If you have questions, contact Becky at [becky.elsbernd@trinity-mc.org](mailto:becky.elsbernd@trinity-mc.org) or 423-0536.



### WALKING TO BETTER HEALTH Wednesdays in February

**10:30 AM / Trinity Gathering Space**

Are you ready to start walking to better health? This class is the easy way to do it! We will walk in place with easy-to-follow moves to shape the waistline, flatten the tummy, and strengthen the back. These DVD workouts are high-energy and loads of fun!

## REJOICING SPIRITS

**Wednesday, February 21, 2024**

**5:00 PM / Trinity Fellowship Hall**

Rejoicing Spirits is inclusive of all ages and abilities as we connect with God and one another. Join us as we learn about Jesus' journey to the cross and beyond through camp-style music, interactive skit, and prayer. Following the worship service, enjoy pizza and root beer floats for a free-will donation.



## PICKLEBALL AT ST. JOHN'S

**Thursday, February 8 & 22 / 2:00-3:00 PM**

**ST. JOHN'S EPISCOPAL CHURCH**

*120 1st St NE, Mason City*

Use entrance on the east side. Join us for a fun game of pickleball in the fellowship hall of St. John's Episcopal Church. Balls and paddles provided. Beginners are welcome. Limited to first eight people that sign up. To sign up, please call the church office at 641-423-0536.



## LUNCH AND LEARN - **BE SECURE ONLINE**

**Thursday, February 15, 2024 12:00 PM / Fellowship Hall**

Soup and salad served for a free-will offering. Trinity member John Rodriguez has 40+ years of experience working with software development and computer technology and currently works as a Senior Solutions Architect for Optimum Health Care IT. John will share how to stay safe online (Facebook, e-mail, etc.) to avoid scams and identity theft. John will also show you how to get the most out of Trinity's website and easily view the worship service online.

## BOOK DISCUSSION

**Monday, March 11, 2024**

**1:00 PM / The Gathering Space**

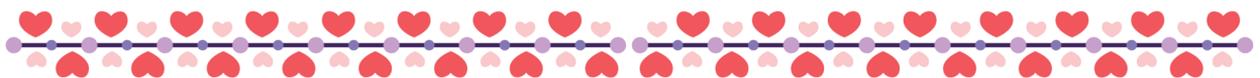
We will be discussing the book **Meet Me at the Museum** by Anne Youngson. "Meet Me at the Museum is a celebration of long letters, kindred spirits, and the possibility of writing a new story for yourself, at any stage of life." Multiple copies are available to check out from the Trinity Lutheran Church office.



**LOVE**  
**YOUR NEIGHBOR AS YOURSELF**

*Galatians 5:14*

FEBRUARY CALENDAR



**Thursday, February 1, 2024**

8:00 AM BASES Exercise Class TGS

**Friday, February 2, 2024**

5:00 PM Winter Jam (7th - 9th Grade) TGS

**Saturday, February 3, 2024**

5:00 PM Worship\*\* TS

7:00 PM North Iowa Bulls Game - *Grades 5 - 8* MA

7:00 PM Nordic Choir Sings at Trinity TS

**Sunday, February 4, 2024**

9:00 A & 10:30 A Worship\*\* TS

9:15 AM Sunday School TEW

**Monday, February 5, 2024**

9:00 AM Centering Prayer TR322/Zoom

5:30 PM Bronze Bell Choir TS

**Tuesday, February 6, 2024**

8:00 AM BASES Exercise Class TGS

10:00 AM All God's Children Gotta Write TL

**Wednesday, February 7, 2024**

7:00 AM Men's Bible Study FH

8:30 AM Women's Bible Study TL

10:30 AM Clappers Bell Choir TS

10:30 AM Walk to Better Health TFH

6:00 PM WNA Community Meal TFH

6:30 PM Wednesday Night Alive/Choir TLC

6:30 PM Confirmation/Flame TYR

6:30 - 8:00 PM Young Women's Group Special Program TL

**Thursday, February 8, 2024**

8:00 AM BASES Exercise Class TGS

9:30 AM WELCA Bible Study TR208

2:00 PM Pickleball STJ. STJE

**Saturday, February 10, 2024**

5:00 PM Worship TS

**Sunday, February 11, 2024**

9:00 A & 10:30 A Worship TS

9:15 AM Sunday School TEW

**Monday, February 12, 2024**

9:00 AM Lectio Divina TR322/Zoom

9:30 AM Altar Guild TR300

5:30 PM Bronze Bell Choir TS

**Tuesday, February 13, 2024**

8:00 AM BASES Exercise Class TGS

10:00 AM All God's Children Gotta Write TL

**Wednesday, February 14, 2024**

7:00 AM Men's Bible Study FH

8:30 AM Women's Bible Study TL

9:30 AM Lydia Circle TR208

10:30 AM Walk to Better Health TFH

10:30 AM Clappers Bell Choir TS

1:30 PM Ash Wednesday Worship Service TS

6:30 PM Ash Wednesday Worship Service TS

**Thursday, February 15, 2024**

8:00 AM BASES Exercise Class TGS

12:00 PM Lunch and Learn TFH

**Saturday, February 17, 2024**

5:00 PM Worship\*\* TS

**Sunday, February 18, 2024 - First Sunday in Lent**

9:00 A & 10:30 A	Worship **	TS
9:15 AM	Sunday School	TEW
10:00 AM	Blood Pressure Checks	TGS

**Monday, February 19, 2024**

9:00 AM	Trinity Quilters	TFH
9:00 AM	Centering Prayer	TR300/Zoom
10:00 AM	Healing Touch Exchange (HTSM Team)	TR321
5:30 PM	Bronze Bell Choir	TS

**Tuesday, February 20, 2024**

8:00 AM	BASES Exercise Class	TGS
10:00 AM	All God's Children Gotta Write	TL
10:45 AM	Prayer Shawl Ministry	TR307

**Wednesday, February 21, 2024**

7:00 AM	Men's Bible Study	FH
8:30 AM	Women's Bible Study	TL
10:30 AM	Walk to Better Health	TFH
10:30 AM	Clappers Bell Choir	TS
1:30 PM	Lent Worship Service	TGS
2:00 PM	Cancer Support Group	TR300/Zoom
5:00 PM	Rejoicing Spirits	TFH
6:00 PM	Lent Meal	TFH
6:30 PM	Lent Worship Service	TS
7:30PM	Choir	TLC

**Thursday, February 22, 2024**

8:00 AM	BASES Exercise Class	TGS
2:00 PM	Pickleball STJ.	STJE

**Saturday, February 24, 2024**

9:00 AM - 11:00 PM	Wandering Heart Lent Retreat	TLC
12:00 PM	Game Day in Ames (Grades 7-12)	TPL
5:00 PM	Worship	TS

**Sunday, February 25, 2024 - Second Sunday in Lent**

9:00 A & 10:30 A	Worship	TS
9:15 AM	Sunday School	TEW

**Monday, February 26, 2024**

9:00 AM	Trinity Quilters	TFH
9:00 AM	Lectio Divina	TR322/Zoom
5:30 PM	Bronze Bell Choir	TS

**Tuesday, February 27, 2024**

8:00 AM	BASES Exercise Class	TGS
9:30 AM	Caregivers Support Group	TR300/Zoom
10:00 AM	All God's Children Gotta Write	TL
6:00 PM	Centering Prayer	STJ

**Wednesday, February 28, 2024**

7:00 AM	Men's Bible Study	FH
8:30 AM	Women's Bible Study	TL
10:30 AM	Walk to Better Health	TFH
10:30 AM	Clappers Bell Choir	TS
1:30 PM	Lent Worship Service	TGS
2:30 PM	Care Ministry Training	TFH
4:00 PM	Trinity at Community Kitchen	CK
6:00 PM	Lent Meal	TFH
6:30 PM	Lent Worship Service	TGS
7:15 PM	Care Ministry Training	TFH
7:30PM	Choir	TLC

**Thursday, February 29, 2024**

8:00 AM	BASES Exercise Class	TGS
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## WORSHIP

**Saturdays 5:00 PM** | Sanctuary

**Sundays 9:00 AM** | Sanctuary

**Sundays 10:30 AM** | Sanctuary, Streaming, and Radio  
Livestreamed on Trinity's Facebook Page and YouTube Channel,  
or listen live on KCMR 97.9 FM or [kcmrfm.com](http://kcmrfm.com)

## PASTORS

### Senior Pastor:

Dan Gerrietts

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### Pastor of Spiritual Growth:

Daniel Hanson

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## SOCIAL MEDIA

[twitter.com/trinityluth](https://twitter.com/trinityluth)

[facebook.com/trinitymasoncity](https://facebook.com/trinitymasoncity)

[instagram.com/trinitymasoncity](https://instagram.com/trinitymasoncity)

[youtube.com/c/TrinityLutheranChurchMasonCityIA](https://youtube.com/c/TrinityLutheranChurchMasonCityIA)

## SUBSCRIBE

[trinity-mc.org/newsletters](http://trinity-mc.org/newsletters)

or call 641-423-0536

## SOCIAL MEDIA

[twitter.com/trinityluth](https://twitter.com/trinityluth)

[facebook.com/trinitymasoncity](https://facebook.com/trinitymasoncity)

[instagram.com/trinitymasoncity](https://instagram.com/trinitymasoncity)

[youtube.com/c/TrinityLutheranChurchMasonCityIA](https://youtube.com/c/TrinityLutheranChurchMasonCityIA)

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**We are called to share God's healing love through Christ's forgiveness  
and our personal servanthood.**