

OCTOBER 2024

TRINITY CONNECTION



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WELCOME!

We are a servant church in the ♥ of Mason City, Iowa.

EDITORIAL

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Trinity Lutheran Church

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12 Issues per year (Jan—Dec) / Print or Digital

The Trinity Connection informs the members of Trinity Lutheran Church about the church's mission and people, helping them to grow in faith and commitment to Jesus Christ.

FRONT PAGE: *Trinity ladies working the Trinity booth at the Ethnic Lunch by the Park. Not Pictured: Patty Flatness*

The church is still a mighty fortress after 507 years. At the end of Oc-

tober, we will celebrate Martin Luther’s principled stand for Christ’s gospel of grace, the foundation for the Lutheran Church.

Martin Luther stood for what

he believed in; he could do no other. If you asked him, he would say he was just following another simple Christian standing up for what he believed in – the Apostle Paul. ‘By grace you have been saved through faith’

(Ephesians 2:8). Paul wrote this message of grace, Luther translated it, and Lutherans have preached it ever since. Thanks to Luther, we all can read the Bible in a language we understand.

You are invited to attend a special Reformation event on the last weekend of October so mark your calendar. “Martin & Katie’s Unexpected Adventure” will be the message on Saturday, October 26 at the 5 pm service and on Sunday, October 27 at the 9 am service. There is no Sunday School. Come to worship as a family. **MARTIN & KATIE WILL BE HERE TO TELL THEIR STORY–DON’T MISS IT!**

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MARTIN & KATIE WILL BE HERE TO TELL THEIR STORY–DON’T MISS IT!

- Marty Greder



MARTIN & KATIE LUTHER



MINISTRY FAIR 2024 RECAP

Over 20 Trinity ministries and community mission partners took part in the Ministry Fair on September 7 & 8. With pictures, conversation and giveaways, members were able to see how God is fueling faith and transforming lives through Trinity! Thanks to all who took part - including Birdsall's Ice Cream for the special treat!

FUELING FAITH TRANSFORMING LIVES



Fueling Faith, Transforming Lives

GENEROSITY SERIES 2024

Giving transforms the giver and the recipient. Join us and listen to the stories of just three of the many ministries at Trinity Lutheran Church that God is using to transform lives. Consider how your giving of time, talent and treasure refreshes others and fuels your faith. (All worship services Sept. 28 – Oct. 13)

[TRINITY-MC.ORG/GENEROSITY](http://trinity-mc.org/generosity)

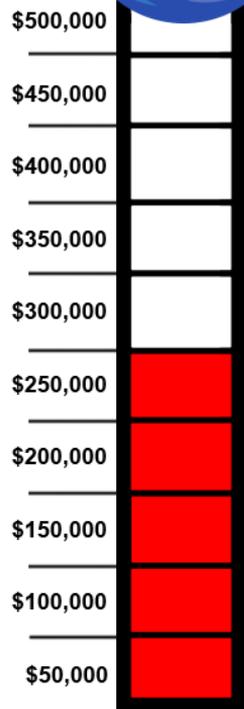
A generous person will prosper; whoever refreshes others will be refreshed. -Proverbs 11:25

OCTOBER 5 & 6 Transforming Youth Ministry -

Including impact stories from past and present Trinity Youth.

OCTOBER 12 & 13 Exploring Digital Ministry-

*How Trinity's online ministry has changed the way we think about church. **Faith Promise Weekend** - We invite you to complete your 2024 Faith Promise Form and bring it to worship on October 12 or 13, or complete the form online at trinity-mc.org/pledge.*



Trinity continues to pay on the remaining construction loan for the T150 building renovations, technology upgrades, and our mission project. Thanks to the ongoing generosity of many, we have been able to make loan payments from special gifts alone and not the general budget. Trinity's mission and outreach continue to be blessed by this \$4.5 million project. To make a gift, go to trinity-mc.org/trinity-at-150 or write "T150" on your check or envelope.

Total Dollars Received - \$3,956,299
Total Dollars Debt to Raise- \$270,850
Loan Interest Paid To Date - \$157,896

“God’s work. Our hands.” Sunday



GOD’S WORK. OUR HANDS. SUNDAY

Sunday, October 20, 2024 - Join one of several teams serving in our community on **Sunday, October 20** from **1:00 - 3:00 PM** for this year’s *God’s Work. Our Hands.* event!

PROJECTS INCLUDE:

- Sorting clothes at *Affordables*
- Cleaning at *Hawkeye Harvest Food Bank*
- Variety of jobs at *Freedom Inn His Graces (The Beacon Low Barrier Warming Shelter)*
- Writing notes to the homebound

Please consider helping this year — we need you! Sign up online at the link below, or at the board in The Gathering Space to reserve your spot!

Meal / 6:00 PM

Adult Programming / 6:30 PM

Lifetree Café
 Doing Life with Your Adult Children
 Trinity Choir

Youth Programming / 6:30 PM

Kindergarten - 6 Grade Activities
 Confirmation
 FLAME Youth Group

WEDNESDAY NIGHT

ALIVE

October

Learn More about these classes at
TRINITY-MC.ORG/WEDNESDAY-NIGHT-ALIVE





TRINITY LUTHERAN CHURCH

SCANDINAVIAN BAZAAR

NOVEMBER 7, 2024

213 N Pennsylvania Ave, Mason City, IA

8:00 AM - 1:30 PM

SCANDINAVIAN COFFEE SHOP

Featuring Norwegian Sandwiches, Lefse, Pastries, Rolls, Pies, and More / Open 8:00 AM to 10:30 AM

LUNCHEON

Serving 2 Shifts 11:00 AM & 12:00 PM

Scandinavian Meatball Dinner with Pie for **\$10.00**

Call 641-423-0536 to purchase tickets in advance. Tickets available at the door.

SCANDINAVIAN BOUTIQUE

Featuring unique holiday and everyday gift items

CRAFT CREATIONS

Beautifully handcrafted one-of-a-kind items

CANDY AND BAKE SHOP

Norwegian pastries, candies, breads, cookies, bars, and more

BOOK SHOP

Gently used puzzles, hardcover books, and paperback books for all ages

LEFSE

Shop early— sells out fast!



WEDNESDAY NIGHT PREVIEW

November 6, 2024 | 4:00 - 6:30 PM

Meals will be available for those unable to attend on Thursday. Take-out meal tickets are **\$10.00**. Call the church office if you have questions.

Bazaar proceeds support various community and church charities.

TRINITY-MC.ORG/BAZAAR

BAZAAR DONATIONS NEEDED

Coffee Shop

Danish puffs, cinnamon rolls, fruit breads, almond cake/bars, rosettes, sandbakkels, krumkake, kringla, kavring, and flatbread
Call Kay Larson with questions.

Craft Creations

Craft Creations is looking for your craft donations! If you have anything to contribute you can bring to the church on November 6, or contact Patty Flatness at 641-210-8223. Items **need to be priced.**

Book Shop

We are in need of gently used puzzles, hardcover and paperbacks that are fiction, children's, and young adult books. Please no magazines, cookbooks, textbooks or encyclopedias. Books can be dropped off at the east entrance. *Call Lavonne Welch with questions.*

Luncheon Items

Butter, Cream Cheese, Cool Whip and 20 oz. cans of crushed pineapple in natural juice.

Bake Shop

Assorted breads/rolls, almond bars, mini pies, banana/pumpkin/zucchini breads, brownies, any variety of cookies, Swedish brownies, fudge, divinity, peanut brittle, any gluten-free or specialty items *Call Karen Bolding or Candy Marshall with questions.*

Pie Shop

Fruit pies & Cream pies *Call Nancy Rockman with questions.*



All baked items may be dropped off at the church's east entrance on Wednesday afternoon, November 6, or Thursday morning, November 7, before 8:00 AM.



HELP WANTED: Lefse-Making

Yes, it's that time again! Volunteers needed for:

6:00 AM - 7:00 AM—Peelers

8:30 AM - 11:00 AM—Rollers

11:30 AM - 1:00 AM—Packagers

We will meet every Monday through October 28.

GRADE 9

CONFIRMATION SUNDAY

Sunday, October 27, 2024

10:30 AM Service / Trinity Sanctuary

Confirmation Sunday will be celebrated on October 27 at the 10:30 AM service. Come and support our 9th grade class as they affirm their faith and say yes to the promises God made to them in Baptism.

VOLUNTEERS NEEDED

Ignite meets on Sunday Mornings! This is our Sunday School programming for 7-12th grade. We are looking for folks willing to donate donuts to our wonderful youth program. We could use 18 full size donuts weekly. (Kwik Star is fine, we do not require fancy donuts.)

FLAME meets on Wednesday Nights from 6:30 PM until 7:45PM. If you would be interested in serving as an adult helper during either of these groups, we are looking to round out our roster, and add a few relievers and backups. And a starting

GRADES 9 - 12

FLAME YOUTH GROUP

Wednesdays in October

6:30 PM / Trinity Youth Room

FLAME is back on Wednesday nights. This group is for 9-12th grade students in our community. Join us for dinner at 6:00 PM during our Wednesday Night Alive festivities!



Thanks to a generous donation, there are many new books for kids & parents in the Children’s Library!

Children’s Library

(2nd floor Sunday School wing)

LENDING POLICY

Use of the Trinity Children’s Library is an Honor System. Books may be checked out for three (3) weeks. The Trinity Children’s Library strives to: serve as a resource for information and study, provide practical resources for children and parents, and provide materials that will increase fun and education in the Christian faith of Trinity’s children.

YOUTH SERVICE TRIP

Pack your bags Trinity Youth! We're going on the road! Summer of 2025, Trinity Youth who have completed 8th grade through recent graduates are welcome to join the fun as we head to Milwaukee, Wisconsin for a week of service and fun on the shore of Lake Michigan. We will set off on Sunday, July 20th, and return on Saturday, July 26th. We will be working with local organizations in Milwaukee, enjoying the city highlights during our evenings, and hit the Wisconsin Dells for a day on the way home. Will the Buccee's gas station in Madison be open by then? Who knows?! Chat with Dani Vogel for more details. A trip info meeting will be held in October.



AGE 3 - GRADE 6

SUNDAY SCHOOL *Month of October*

9:15 - 10:15 AM

Sunday School Students age 3 - grade 6 will be studying Queen Esther. She saves her people through her faith. It's a great story for students to learn about courage and faith and illustrates how women and men are important in God's kingdom.

GRADES 5 - 8

ATTENTION MIDDLE SCHOOL FAMILIES!

Please participate in the acts of service on God's Work. Our Hands. Sunday! The link to sign up is listed on page 3. Then from 3:00 - 4:00 PM, all students, grades 5-8, are encouraged to put on their favorite Halloween costume and join me in a short Halloween party! Even though schools say these kids are too old for school Fall parties, we know they still like the games, candy and costumes! Friends are always welcome! Please RSVP by Oct 18 to carol.dettmer@trinity-mc.org.

JOHN ADAMS MIDDLE SCHOOL

FALL FOOD DRIVE

The John Adams Middle School (JAMS) backpack food drive will begin September 22 and run through October 6. There will be two drop sites, one by the office and one by the stairway to the sanctuary. Lists of food that are needed will be located in the front of the box. If you wish to make a monetary donation, it can be placed in the offering plate or delivered to the church office. Please note "JAMS backpack program" on the check. Thanks in advance to all those who donate to this wonderful program.

A VOLUNTEER'S JOURNEY

Roz Barron

BY MICHELLE MURRAY



ROZ BARRON WITH SQUARES

Volunteering is in Roz Barron's blood. She deems it so important that she has adopted a mantra that Dana Reeves (widow of Christopher Reeves) shared recently: "Being a volunteer is a small price to pay as rent for living in this world of ours." Roz practices what she preaches as she's held numerous volunteer roles throughout her life.

I have the feeling Roz never enters a place empty-handed because she had her arms full of fabric squares for quilting when we met to talk. She's been involved with the Trinity Quilters "for a long time" and has made hundreds of quilt tops throughout the years. Roz finds this so fulfilling that she urged one of her daughters to volunteer in a similar way when she retires someday as well.

Another of her volunteer experiences began when Trinity did the "God's Work, Our Hands" day a couple years ago. She went with a small group of volunteers to Affordables to help. Roz liked the work so much and felt like she was making such a difference that it became a weekly "gig" for her. The employees at Affordables came to know her, welcoming her every time she walked in on a Wednesday to work, and the fact that she sometimes brought treats made her even more endearing to them.

A fan of gardening, Roz also volunteered with the flowers and grounds at the Stockman House from the very beginning in its current location. "I have to grow things!" she exclaimed. She joined the beautification committee and was in charge of the flowers leading up to the house. Also intrigued with architecture, Roz studied and read all she could about this architectural gem. She became not only the "flower lady," but a docent as well.

She absolutely loved the people she met while being a docent. Not only did she meet people from around the area, but "so many from outside the community!" A man from London,

a family from Denmark...and so many more made lasting impressions on her. Her love of people and sharing stories was a perfect combination to be a great docent, and she also decided to volunteer as a docent at the Music Man Square and the MacNider Art Museum. She had found her niche as she soon was on the Board at the MacNider Art Museum and helped with the MacNider Arts Festivals.

Another of Roz's talents involves the kitchen. "I'm pretty good at cooking and I like to entertain!" she said. (Of course, the treats for Affordables' employees make more sense now...as well as having snacks for all the docents of the Stockman House, so they could become better acquainted!) It's not surprising that Roz soon was on the Board at the Community Kitchen, getting volunteers to serve meals every Monday.

And then there was church. Over the course of Roz's life, she has been involved in four Mason City Lutheran churches. The first impression she made on Pastor Dan and Molly Gerrietts has to top any initial meeting with a pastor. Shortly after they arrived in town, Pastor Dan and Molly Gerrietts were taking a walk in East Park when they spotted a woman picking up trash left and right. It was Roz...and later they recognized her in church.

Removing garbage has always been important to Roz. If she can help to improve the looks of something today, she can enjoy it more tomorrow. She has many stories about beautifying East Park...one involving falling in the little creek in back of the bandshell. She was muddy, but the park looked better!

Volunteering at church was also at the top of her agenda. She taught the Hurlburt study guide of the Bible to 7th graders in Our Saviour's Lutheran Church for 13 years. This was a 3-year program to get kids through the whole Bible, meeting every Wednesday night and Sunday morning. "I really got into the knowledge of the Bible because we had to study it!" Roz said.

At Trinity, Roz has participated in many activities from the Bazaar to the Quilters. She said, "Your friends are where your activities are." Roz talked about the Bible study that she is in at Trinity. She said she has belonged to it "since the beginning of time" and the small group of members have really formed quite a bond.

A true volunteer helps wherever needed...and many times will begin in the home. When her daughters were young, Roz became involved with the Brownies. She and her family later became involved with Youth for Understanding and had a couple foreign exchange students live with them...one from Norway and one from Germany. Later, she became the “go to person” whenever a foreign exchange student was having a problem of any kind.

More recently, Roz shared that she enjoyed having “Grandma Camp” with her six grandchildren. She had the kids for a week, and besides going to East Park and hunting for fossils in Rockford, she loaded up the kids and took them grocery shopping in different towns (“comparative grocery shopping...so they’d have all kinds of knowledge!”). “Of course, we picked up trash!” she laughed.

For a delightful Dane like Roz, her outlook on life is astounding. Her ready smile and caring attitude just might rub off on you if you spend more than a moment in her presence. She shared her reason to volunteer, which just may become yours as well: “Why volunteer? What you learn from other people... It gives you the impetus to keep going!” †

NEW MEMBER CLASS
Wednesday, October 16 / 6:30 PM
Sunday, November 3 / 1:30 PM
(Choose One Class)
Trinity Fellowship Hall

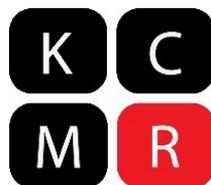


Looking for a church home? A place to belong? Interested in learning more about Trinity's life and mission, or whether this might be the place to connect and grow?

Pastor Dan Gerrietts leads an interactive class for those exploring membership or wondering if Trinity is right for them. This is the only session one attends to prepare for membership. Learn about our mission commitments and the faith expressions that ground us. Take a tour of the building. Meet other people.

NEW MEMBER SUNDAY
Sunday, November 10, 2024
9:00 AM / Trinity Sanctuary & Fellowship Hall
 We will recognize new members at the 9:00 AM worship service.
Reception to follow.

KCMR SHARATHON VOLUNTEERS



KCMR is looking for volunteers to answer the phones at the radio station during the Sharathon, Thursday, Oct. 17 and Friday, October 18. One hour shifts between 7:00 AM. and 4:00 PM. KCMR also needs volunteers to help serve during the Listener Appreciation Lunch on Friday, October 18th from 11:00 AM to 1:00 PM. Please contact KCMR if you are able to help at 641-424-9300.

HYGIENE PANTRY REMINDER

Hygiene Pantry items can be brought to Trinity’s east entrance on the second weekend each month.

ITEMS DESPERATELY NEEDED:

- Shampoo
- Bath Soap
- Toothpaste
- Toothbrush
- Dish Soap
- Laundry Soap
- Deodorant
- Toilet Tissue
- Feminine Hygiene Products
- Wipes
- Bar of Soap

If you would like a printed list of items that can be donated, please visit the church office. Questions? Contact us at 641-423-0536.

ROTATING ART GALLERY BEAUTY BEYOND THE NAKED EYE

by Noemi Cruz-Orcutt
September-October 2024

Noemi Cruz-Orcutt is a practicing dentist at Mint Springs

Dentistry in Mason City, IA. She is also an avid amateur macro photographer in her free time. Noemi has a keen eye and a passion for photographing nature’s small details. Her macro photography focuses on snowflakes, colorful flowers and dew drop reflections as well as small insects such as bees, butterflies, dragonflies. Noemi lives in Mason City with her husband, Kevin, 2 children, Lukas and Adaliz, and their dog Niko. She enjoys getting out in nature, but finds that some of her most interesting shots have come in her backyard! Noemi’s family are members of Trinity Lutheran Church.



CHRISTMAS TEA

Save the date! The Trinity Christmas Tea will be held at 1:30 PM on Thursday, December 5, 2024, in the Fellowship Hall. Friends welcome!

FELLOWSHIP COFFEE

Tuesday, October 15, 2024

9:30 AM / Trinity Fellowship Hall

Join us for Fellowship Hall and enjoy a time of coffee and treats, and to hear our Youth Director, Dani Vogel, share highlights from her life story!



CALL FOR SCANDINAVIAN ART

The November-December Rotating Art Gallery will feature artwork of any kind with a Scandinavian flair. Please send pictures by October 10 to becky.elsbernd@trinity-mc.org of Scandinavian artwork that you have created or collected to be considered for the exhibit. Chosen pieces will need to be delivered to Trinity the week of October 21.



WALK A WAY

PILGRIMAGE

FALL RECAP

Left to Right: Front Row-

Denise Lind, Dixie Jellum, Susie Bangert, Laura Hollingshead, Linda Dufresne, Judy Delperdang;

Back Row- Sue Bangert, Kevin Hendrikson, Father Stephen Benitz, Parish Nurse Becky Elsbernd, Bill Shickel, John Backer

WALK A WAY STATS

- **30 miles walked** on Heritage Trail from Dyersville to Dubuque, Iowa
- **12 passenger** support van
- **9 participants** plus **two guides** and **one driver**
- **7 meals** shared
- **6 congregations** represented
- **4 denominations** represented
- **3 days**– September 10-12, 2024
- **2 overnights** - New Melleray Abbey and Shalom Spirituality Center
- **1 amazing journey!**





PRESENTATION ABOUT **43 NORTH IOWA** AND OPTIONAL **WALKING TOUR**

Thursday, October 24, 2024

12:00 PM / Trinity Fellowship Hall

43 North Iowa Director John Derryberry will share how 43 North Iowa is providing essential services to the community to assist people find their way and move toward independent living and employment. After lunch, John will offer an optional walking tour of the downtown 43 North Iowa facilities. Soup and salad provided for a free-will donation.

FALL INTO STRESS RELIEF

Stressed? Check out the stress re"leaf" tips on the tree in The Gathering Space and add your own stress-relieving tip. As you navigate life, stress happens and it's important to have strategies for managing it effectively.



GETTING TO KNOW **THE ONION FAMILY**

Thursday, October 10, 2024

1:00-3:00 PM / Trinity Kitchen

Allium vegetables – the ones from the onion family – form an important part of our diet. In addition to regular onions and spring onions, they include shallots, garlic, leeks and chives. Shed a few tears as we shed light on the onion family. This workshop offers hands-on participation with every step of the process- washing, preparing, and eating. **Supply fee is \$5.00.** Space is limited so sign up today by contacting Becky Elsbernd at 641-423-0536 or

YOGA

FOR ALL BODIES

Wednesdays in October

3:00 PM

Trinity Lutheran Church

Join us for a yoga class for all ages, stages, and degrees, beginners or experienced.

Wednesdays in October from 3:00-4:00 PM. Instructor is Nora Neff Hardy who has taught yoga for over 25 years in the Mason City area.



REJOICING SPIRITS

Wednesday, October 16, 2024

5:00 PM / Trinity Fellowship Hall

Rejoicing Spirits is inclusive of all ages and abilities as we connect with God and one another. Join us on

Wednesday, October 16 as we learn about All Saints Day through camp style music, interactive skit, and prayer. Following the worship service, enjoy pizza and root beer floats for a free-will donation.



BIKE RIDE

Thursday, October 17, 2024

4:30 PM

**Scrip Trailhead N. Illinois
Scrip Trail to NIACC**

Join us for a leisurely bike ride to NIACC and back starting at the Scrip Trailhead on N. Illinois Ave. It is a down and back trail so bikers can ride as many miles as they wish. Hard surface road. Please contact Parish Nurse Becky if you need transportation for you and/or your bike.

Weather permitting.

BOOK DISCUSSION

November 11, 2024

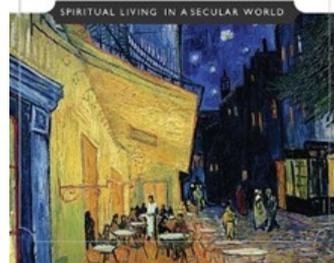
1:00 PM / The Gathering Space

Life of the Beloved: Spiritual Living in a Secular World by Henri Nouwen is an invitation to acknowledge our brokenness and awaken to the abiding love that God has for us.

This classic explains the spiritual life in simple terms, avoiding theology and technical language. **Multiple copies are available to check out from the Trinity Lutheran Church Office.**

HENRI J. M.
NOUWEN

Life of the Beloved



CAREGIVERS SUPPORT GROUP

The Caregivers Support Group meets on the fourth Tuesday of the month from 9:30 AM to 10:30 AM in person and via Zoom. Individuals providing care for loved ones in any capacity (whether it is at home, in a care facility, or from a distance) are welcome to attend to receive support and information.

The facilitators are Becky Elsbernd, Parish Nurse at Trinity Lutheran Church, and Pundeep Kaur, Family Caregiver Specialist at Elderbridge. If you would like to attend this meeting via Zoom, please call the office for the link.

HEALTH MINISTRIES THIS FALL TO FOCUS ON **MENTAL HEALTH AND WELLNESS**

Research shows that mental illnesses are common in the United States, affecting more than one in five U.S. adults. Estimates suggest that only half of people with mental illnesses receive treatment. Take time this fall to increase your awareness of mental health and well-being. If you are having a hard time coping, please reach out and talk to someone you trust or call the Iowa Warm Line at 844-775-9276 or call or text 988 for the Suicide & Crisis Lifeline. We are not meant to do life alone.

MENTAL HEALTH FIRST AID ***EVENT POSTPONED (TBA)***

Trinity Lutheran Church

Cost: \$20.00 - Lunch Provided

Scholarships available upon request—

Mental Health First Aid is a course that teaches individuals how to identify,

understand and respond to signs of mental illnesses and substance use disorders. The training gives you the skills you need to reach out and provide initial help and support someone who may be developing a mental health, a substance abuse problem, or experiencing a crisis. Instructor Thomas Heiar has been the Population Health Coordinator at CG Public Health for two and half years and focuses primarily in the world of prevention working with teenagers regarding healthy relationships, mental health, and substance misuse.



Mental Health
FIRST AID

BASES EXERCISE

Tuesdays and Thursdays

In October at 8:00 AM / The Gathering Space

BASES (Balance-Agility-Strength-Endurance-Socialization)

Exercise Class is in full swing! This free exercise class for adults age 55 or older is coordinated by RSVP (Retired Senior Volunteer Program) and led by RSVP volunteers.

CANCER SUPPORT GROUP

Individuals currently treating cancer or those who are in remission, along with family and loved ones, are encouraged to attend the third Wednesday of the month at 2:00 PM in Trinity Room 307. The facilitators are cancer survivors Roger Schlitter and Linda Stine. If you would like to attend this meeting via Zoom, please call the office for the link.



Tuesday, October 1, 2024



8:00 AM	BASES Exercise Class	TGS
10:00 AM	Visio Divina	MAM

Wednesday, October 2, 2024

7:00 & 8:30 AM	Men's & Women's Bible Studies	TLC
3:00 PM	Yoga for all Bodies	TLC
6:00 PM & 6:30 PM	Community Dinner & WNA	TLC
6:30 PM	Confirmation & Flame	TFH & TYR
6:30 PM	Choir	TCR

Thursday, October 3, 2024

8:00 AM	BASES Exercise Class	TGS
10:30 AM	Clapper Bell Choir	TS

Saturday, October 5, 2024

5:00 PM	Worship**	TS
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Sunday, October 6, 2024 – Generosity 2nd Weekend

9:00 & 10:30 AM	Worship**	TS
9:15 AM	Sunday School	TEW

Monday, October 7, 2024 – Generosity 2nd Weekend

6:00 AM - 1:00 PM	Lefse-Making	TK
9:00 AM	Centering Prayer	TR322 & Zoom
9:00 AM	Trinity at Community Kitchen	CK
6:00 PM	Bronze Bell Choir	TS

Tuesday, October 8, 2024

8:00 AM	BASES Exercise Class	TGS
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Wednesday, October 9, 2024

7:00 & 8:30 AM	Men's & Women's Bible Studies	TLC
9:30 AM	Lydia Bible Study	TR208
3:00 PM	Yoga for all Bodies	TLC
6:00 & 6:30 PM	WNA Community Dinner & WNA	TLC
6:30 PM	Confirmation & Flame	TFH & TYR

Thursday, October 10, 2024

8:00 AM	BASES Exercise Class	TGS
9:30 AM	WELCA Bible Study	TR208
10:30 AM	Clapper Bell Choir	TS
1:00 PM	Onion Cooking Class	TK

Friday, October 11, 2024

8:00 AM	Mental Health First Aid	TLC
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Saturday, October 12, 2024 – Faith Promise Response

5:00 PM	Worship – Generosity 3rd Weekend	TS
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Sunday, October 13, 2024 – Faith Promise Response

9:00 & 10:30 AM	Worship – Generosity 3rd Weekend	TS
9:15 AM	Sunday School	TEW

Monday, October 14, 2024

6:00 AM - 1:00 PM	Lefse-Making	TK
9:00 AM	Lectio Divina	TR322 & Zoom
9:00 AM	Trinity Quilters	TFH
9:00 AM	Rolling Bandages for Global Health	TFH
9:30 AM	Altar Guild	TR300
6:00 PM	Bronze Bell Choir	TS

Tuesday, October 15, 2024

8:00 AM	BASES Exercise Class	TGS
9:30 AM	Fellowship Coffee	TFH
10:45 AM	Prayer Shawl Ministry	TR307

Wednesday, October 16, 2024

7:00 & 8:30 AM	Men's & Women's Bible Studies	TLC
6:30 PM	Belong and Grow Class	TFH
2:00 PM	Cancer Support Group	TR300/Zoom
3:00 PM	Yoga for all Bodies	TLC



Wednesday, October 16, 2024 cont...

5:00 PM	Rejoicing Spirits	TFH
6:00 & 6:30 PM	Community Dinner & WNA	TLC
6:30 PM	Confirmation & Flame	TFH & TYR

Thursday, October 17, 2024

6:00 AM	KCMR Share-A-Thon	TGS
8:00 AM	BASES Exercise Class	TFH
10:30 AM	Clapper Bell Choir	TS
12:00 PM	KCMR Sharathon Lunch	TFH
4:30 PM	Scrip Trail to NIACC Bike Ride	TH

Saturday, October 19, 2024

5:00 PM	Worship**	TS
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Sunday, October 20, 2024

9:00 & 10:30 AM	Worship**	TS
9:15 AM	Sunday School	TEW
10:00 AM	Blood Pressure Checks	TGS
1:00 PM	God's Work. Our Hands. Sunday	MCA

Monday, October 21, 2024

6:00 AM - 1:00 PM	Lefse-Making	TK
9:00 AM	Trinity Quilters	TFH
9:00 AM	Centering Prayer	TR322 & Zoom
10:00AM	Healing Touch Exchange	TR321
6:00 PM	Bronze Bell Choir	TS

Tuesday, October 22, 2024

8:00 AM	BASES Exercise Class	TGS
9:30 AM	Caregivers Support Group	TR300/Zoom

Wednesday, October 23, 2024

7:00 & 8:30 AM	Men's & Women's Bible Studies	TLC
3:00 PM	Yoga for all Bodies	TLC
4:00 PM	Trinity at Community Kitchen	CK
6:00 & 6:30 PM	Community Dinner & WNA	TLC
6:30 PM	Confirmation, and Flame	TLC

Thursday, October 24, 2024

8:00 AM	BASES Exercise Class	TGS
8:00 AM	Healing Touch Class	TEW
10:30 AM	Clapper Bell Choir	TS 
12:00 PM	Lunch & Learn	TFH

Saturday, October 26, 2024

8:00 AM	Healing Touch Class	TEW
5:00 PM	Worship	TS

Sunday, October 27, 2024 – Confirmation Sunday

8:00 AM	Healing Touch Class	TEW
9:00 & 10:30 AM	Worship	TS

Monday, October 28, 2024

6:00 AM - 1:00 PM	Lefse-Making	TK
9:00 AM	Trinity Quilters	TFH
9:00 AM	Lectio Divina	TR322 & Zoom
6:00 PM	Bronze Bell Choir	TS

Tuesday, October 29, 2024

8:00 AM	BASES Exercise Class	TGS
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Wednesday, October 30, 2024

7:00 & 8:30 AM	Men's & Women's Bible Studies	TLC
3:00 PM	Yoga for all Bodies	TLC
6:00 & 6:30 PM	Community Dinner & WNA	TLC
6:30 PM	Confirmation & Flame	TFH & TYR

Thursday, October 31, 2024

8:00 AM	BASES Exercise Class	TGS
10:30 AM	Clapper Bell Choir	TS

WORSHIP

Saturdays 5:00 PM | Sanctuary

Sundays 9:00 AM | Sanctuary, Streaming, and Radio
Livestreamed on Trinity's Facebook Page and YouTube Channel,
or listen live on KCMR 97.9 FM or kcmrfm.com

Sundays 10:30 AM | Sanctuary

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CALENDAR KEY

TLC - Trinity Lutheran Church (Various locations in the building)

TFH - Trinity Fellowship Hall / **TK** - Trinity Kitchen

TR - Trinity Room (Number) / **TGS** - Trinity Gathering Space

TS - Trinity Sanctuary / **TPL** - Trinity Parking Lot

TYR - Trinity Youth Room / **CK** - Community Kitchen

YTFB - YouTube & Facebook / **TC** - Trinity Courtyard

MAM - MacNider Art Museum / **MCA** - Mason City Area

TH - Trailhead

**Holy Communion Served ++Rite of Healing

